



N O R T H C A R O L I N A

ASSOCIATION OF COUNTY COMMISSIONERS

RISK MANAGEMENT POOLS

Covering the Counties that Cover our State

CountyFlix



NCACC Risk Control

Streaming Video Program

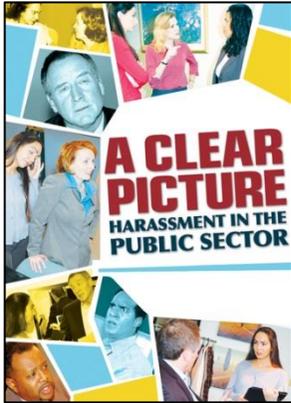
2014-2015 Featured Programs

A Clear Picture: Harassment in The Public Sector
Accident Investigation: The Accident: What to Do
Avoiding Litigation Landmines: A Survival Guide for Managers
Back Protection: Defending Your Safety Zone
Back Safety for First Responders
Back Safety: Lift Well Live Well
Bloodborne Pathogens for Corrections
Bloodborne Pathogens for Custodians
Bloodborne Pathogens: for Fire and Rescue
Bloodborne Pathogens: Just the Facts
Bloodborne Pathogens: Protecting Law Enforcement
Confined Space Entry Keeping Public Employees Safe
Confined Space Entry: Plan and Prepare
Contractor Safety: It's Everyone's Business
Defensive Driving for Government Employees
Defensive Driving: 15 Passenger Vans
Difficult People: How to Deal with Them
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Driven To Distraction
Driven To Distraction II
Emergency Action Plan: Crisis under Control
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Emergency Evacuation: Getting Out Alive
Emergency Response Driving
Employee Involvement: The Key to Safety
Ergonomics: The 24-hour Body
Ergonomics: Solving the Puzzle
Ergonomics: Watch Your Back
Facility Security: The Critical Link
Fall Protection: The Right Connection
Fire Safety: Alert Aware Alive
Golf Cart and LSV Safety: On and Off The Course
Groundskeeping Safety: Be a Pro!
Groundskeeping Safety: Dealing With Bugs & Critters
Handwashing: Avoiding Germs & Viruses at Work
Harassment Is...Government Version
Hazard Communication: It's a Two-Edge Sword
Heat Stress for Public Employees: Seeing Red
Holiday Safety: At the Top of Your List
Incident Investigation: Analyzing the Facts & Causes
Incident Investigation: Forming a Team & Gathering Information
Incident Investigation: Process and Follow-up
Job Safety Analysis: Proactive Planning
Lockout Tagout: Make No Mistake
MRSA Awareness
Office Ergonomics: It's Your Move
Office Safety: It's a Jungle In There
OSHA Recordkeeping: True to Form
OSI: Office Safety Investigation
Personal Protective Equipment: Don't Start Work without It
Personal Protective Equipment: Reality in the Public Sector
Powered Low-Lift Trucks: Walkie & Walkie/Rider Safety
Pro-Active Safety Attitudes: Looking Out for Number One
Pro-Active Safety Attitudes: Target Zero
Pro-Active Safety Committee: A Team for Success
Public Building Safety: It's Everyone's Concern
Recognizing Drug and Alcohol Abuse for Employees
Recognizing Drug and Alcohol Abuse for Managers
Red Flags Rule: Preventing Identity Theft
Respect in the Workplace
Roadway Worker Safety: In the Zone
Safe Winter Driving
Safety Attitude: Food for Thought
Safety First: PPE Hazard Assessment
Safety Meetings: Supervisor Series
Safety Orientation: It Takes a Winning Attitude
Safety Orientation: On Alert
Sexual Harassment: A Manager's Guide
Slips Trips And Falls: Taking the Right Steps
Stairways & Ladders
Stormwater Runoff: I Can Make a Difference
Strains and Sprains: Avoiding The Pain
Stress: You're in Control
Walking and Working Surfaces: Watch Your Step
Winter Safety
Working Outdoors: Mosquitos & Ticks
Workplace Violence: First Line Of Defense
Workplace Violence: The Calm Before The Storm

CountyFlix: NCACC Risk Control Streaming Videos

(See inside back cover for ordering instructions)

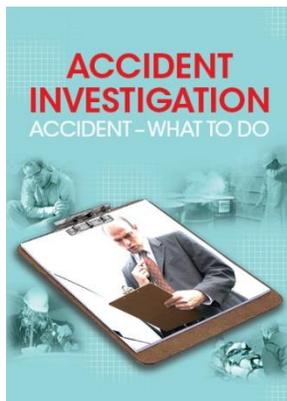
These short videos (average length 15-20 minutes) are the perfect tool to anchor your next staff or safety committee meeting or to use in conjunction with a training session.



A Clear Picture: Harassment in the Public Sector (20 min.)

Harassment can cost your organization in legal fees, damaged employee morale and decreased productivity. Effective anti-harassment training is one of the best ways to combat against this negative behavior. *A Clear Picture* covers the different types of harassment, intention vs. perception, humor in the workplace and more. This program will give your employees a clear picture when it comes to their role in preventing and reporting harassment.

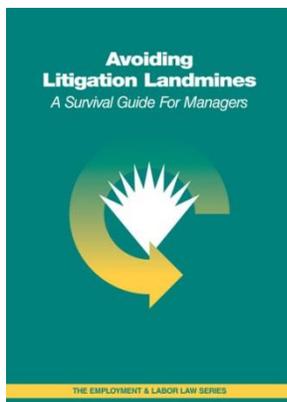
- No Fear Act
- Reasonable Person Standard
- Quid Pro Quo
- Hostile environment



Accident Investigation: The Accident – What to Do (14 min.)

This course goes beyond conventional and cursory examinations, pinpointing subtle factors and underlying causes that escape the untrained eye. It illustrates a step-by-step guide for comprehensive and accurate investigation and gives you lasting solutions for accident prevention. Learning objectives:

- ◆ Gathering Information
 - Preparing to investigate
 - Evidence & documentation
 - Interviewing skills
 - Historical Data
- ◆ Determining the causes
 - What are the causes?
 - The Cause and Effect Chart
- ◆ Completing the investigation
 - Problem solving
 - Cost/benefit analysis
 - The accident report



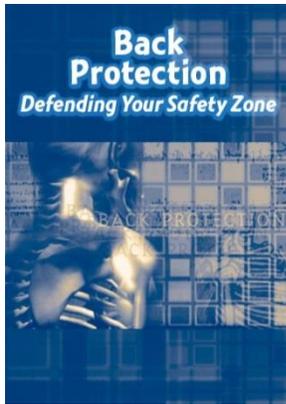
Avoiding Litigation Landmines:

A Survival Guide for Managers (29 min.)

The best way to defuse a lawsuit is not to get involved in one. And in a world where one in every five managers will become involved in litigation, you have to make sure you're not one of them. This program dramatizes the ways in which managers can avoid litigation landmines that can detonate a host of nasty consequences for any organization.

- The nine most common litigation landmines
- Importance of proper documentation
- How to avoid litigation

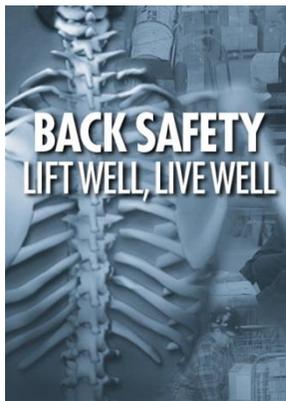
(Also see "Respect in the Workplace: Avoiding Discrimination.")



Back Protection: Defending Your Safety Zone (21 min.)

Eight out of 10 Americans will seek medical attention for a back problem sometime in their lives. That's an alarming statistic. Help your employees avoid back injuries to maximize efficiency and put an end to these injuries. Give them reliable techniques for back safety. The program also compares the rigors of professional sports with those of ordinary jobs and examines the facts on:

- Defending your safety zone
- Safe lifting
- Posture and exercise
- Back injuries and prevention

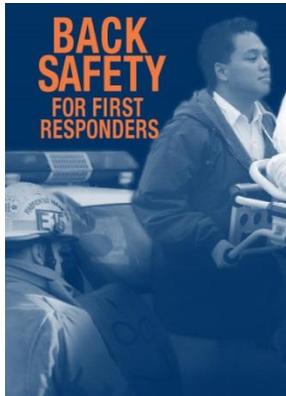


Back Safety: Lift Well, Live Well (14 min.)

Your employees had better watch their backs, lest they suffer from back pain later in life. Get prevention techniques now before the pain sets in and hurts operations and profits. This program shows how you can 'head off' back pain through common sense and practical advice.

- Back basics
- Positive steps
- Warning signs
- Proper lifting
- Exercise

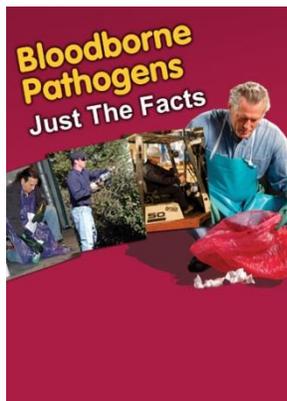
Note: Because this video was part of our former DVD lending library, we also have a corresponding training guide, presentation and booklet available for this program.



Back Safety for First Responders (20 min.)

While your EMTs, firefighters and law enforcement officers take care of others, you have to take care of them. To keep them healthy, lean on these solid safety techniques and exercises to keep their back muscles strong and flexible.

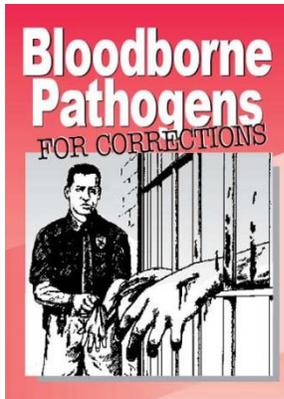
- Back structure
- Repetitive stress illnesses/reverse stretching
- Common first responder back injuries
- Proper lifting techniques
- Training points for handling stretchers, gurneys and fire hoses



Bloodborne Pathogens: Just the Facts (14 min.)

Let this program help you meet the annual training requirement for any employee who can reasonably be expected to be exposed to blood or bodily fluids on the job, and use it to prepare all employees to deal safely with this type of exposure. This will give viewers a complete picture of the risks of exposure, the kinds of diseases potentially present in blood and bodily fluids and the best practices to implement to stay safe in the event of exposure.

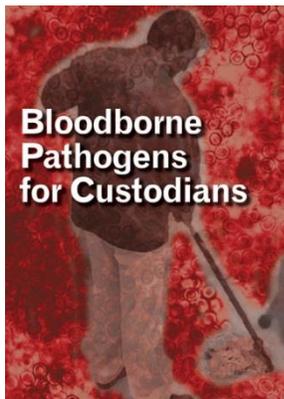
Note: Because this video was part of our former DVD lending library, we also have a corresponding training guide and presentation available for this program.



Bloodborne Pathogens for Corrections (22 min.)

Corrections facilities can be violent places. Fights, riots, drugs, rapes, searches and other events expose your employees daily to infected bodily fluids. Based on OSHA 29 CFR 1910.1030, this vital program helps your team keep dangerous bloodborne diseases locked away. It explains:

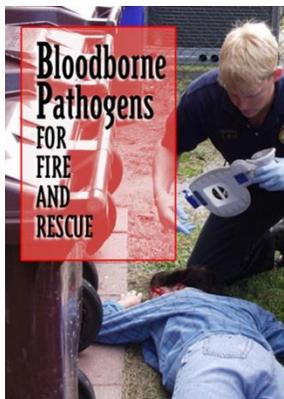
- Bloodborne diseases
- Transmission
- Exposure Control Plan



Bloodborne Pathogens for Custodians (15 min.)

A custodian's job has a lot of risks, and one of them is exposure to bloodborne pathogens. This program teaches your staff protective measures against these organisms. It also explains effective cleaning methods, proper disposal of potentially infectious materials and health and safety measures for everyone. The training covers:

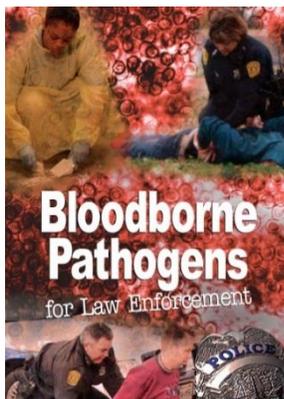
- HBV, HCV and HIV
- Exposure Control Plan
- Work practice controls
- Transmission
- Housekeeping and PPE.



Bloodborne Pathogens for Fire and Rescue (15 min.)

Firefighters and rescue workers face a big risk of exposure to bloodborne pathogens. This important program examines the threat on the job and offers precautions and guidelines to follow, so that saving someone's life doesn't endanger the lives of your fire and rescue personnel.

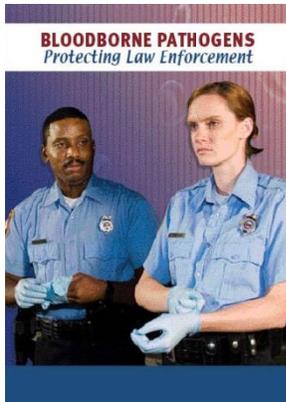
- Protective barriers
- HIV, hepatitis B and C
- Minimizing risk
- Preventive work practices



Bloodborne Pathogens for Law Enforcement (20 min.)

Your law enforcement unit faces dangers every day, but bloodborne diseases need not be one of them. This program helps equip your team with the essential rules of exposure control.

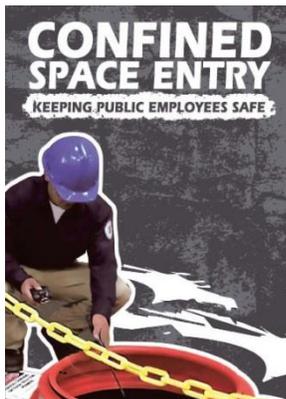
- HBV, HIV and AIDS
- Infectious materials
- Work controls, Housekeeping, PPE



BBP: Protecting Law Enforcement (18 min.)

Train your law enforcement team on bloodborne pathogens and comply with the requirements of their annual training. This program lays down the hard facts on the most common bloodborne diseases, and more importantly, on how your force can avoid contracting them and what they should do if exposure occurs.

- Introduction to BBPs
- Bloodborne diseases
- Avoiding infection
- Proper care and use of PPE
- Function of the Designated Officer



Confined Space Entry: Keeping Public Employees Safe (15 min.)

There is no shortage of potential hazards when working in a confined space. Use this program to train your public employees to work safely in these dangerous spaces and help keep your organization OSHA compliant.

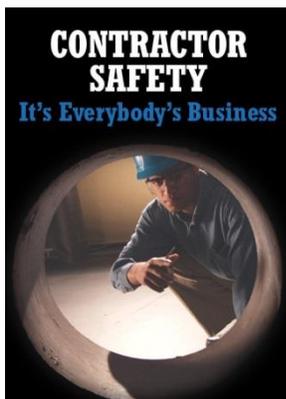
- OSHA permit space requirements
- Understanding permit spaces and their hazards
- Entry permits
- Training and duties



Confined Space Entry: Plan and Prepare (21 min.)

Beginning with dramatic, real-life stories of tragic confined space incidents, *Confined Space Entry: Plan and Prepare* shows your employees why it is vital to follow procedure when working in a confined space. This video helps to ensure that every confined space entry operation is thoroughly planned out before even beginning, and that every safety precaution is taken once the operation is underway by showing you how to:

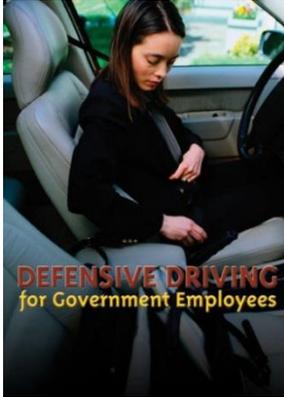
- Identify a confined space according to OSHA definition
- Identify hazards contained with various confined spaces
- Determine whether entry to a specific space requires a permit



Contractor Safety: It's Everybody's Business (21 min.)

When there are two or more employers on the site, safety can be a challenging issue. But with this program, they can easily team up, keep everyone safe and get the job done right on time.

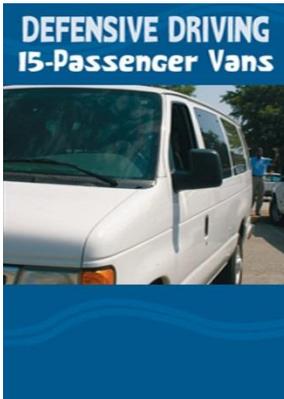
Contractor Safety: It's Everybody's Business alerts all workers to common safety hazards and shows concrete ways to avoid them. It also lays down the requirements for the general contractor, including accepted standards and procedures.



Defensive Driving for Government Employees (18 min.)

For government employees, motor vehicle accidents are by far the leading cause of death on the job. This program looks at techniques to help prevent accidents from happening, and in the case of unavoidable accidents, help lessen their severity.

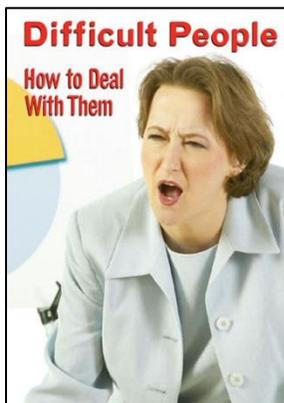
- What is defensive driving?
- Respect for the vehicle
- Your responsibility as a driver
- Proper/safe driving techniques
- Seat belts
- Driving in poor weather
- Speeding, right-of-way, passing, tailgating
- Distractions and road rage



Defensive Driving: 15 Passenger Vans (10 min.)

Fatal rollovers and other accidents involving 15-passenger vans occur because the drivers are inexperienced and untrained. This valuable program will provide your drivers with important safety tips to help them operate the vans safely, protect passengers and avoid accidents.

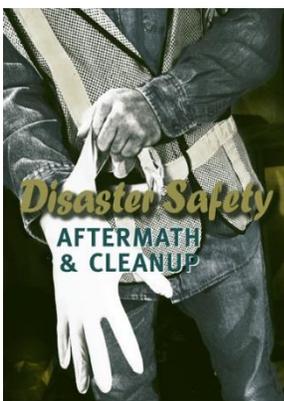
- Loading and handling
- Common causes of rollovers
- Safety guidelines
- Buckling up



Difficult People: How to Deal with Them (37 min.)

Hostile customers. Unreasonable co-workers. Indecisive, vacillating bosses. Over-agreeable (but do-nothing) subordinates. You meet them every day, and dealing with them, to say the least, can be stressful. But it need not be, as long as you've got the tricks to identify, understand and cope. Based on the best-selling book *Coping with Difficult People* by Dr. Robert M. Bramson, this program examines useful skills in dealing with these so-hard-to-handle people.

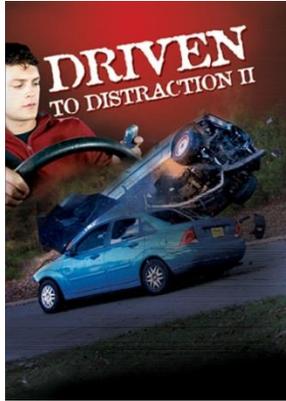
- How to Identify six major types of behavior
- How to communicate successfully with difficult personalities
- Turn negative situations into positive ones
- How to change behavior to impact results
- How to develop confidence for confrontational situations



Disaster Safety: Aftermath & Cleanup (16 min.)

Recovery teams at natural and man-made disasters have important and hazardous jobs to do - from finding survivors to restoring power. But in the aftermath of catastrophes – hurricanes, tornados, chemical spills, fires and explosions – you also have to ensure that their health and safety are not compromised on the job. Learn how with this program now.

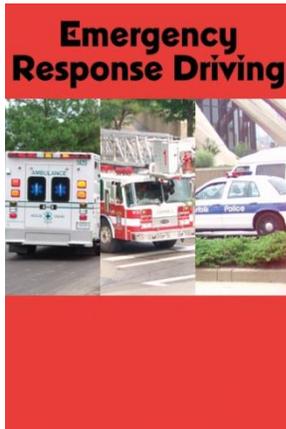
- Assessing the scene for hazards
- Operating equipment safely
- Handling human remains
- Personal protective equipment



Driven to Distraction II (20 min.)

Distracted driving continues to be an epidemic on our roads. Help raise awareness of this dangerous practice among your employees with this high-impact training. Once, again, the Distraction Demon rides along with various drivers egging them on to give in to the myriad of distractions tempting today's drivers.

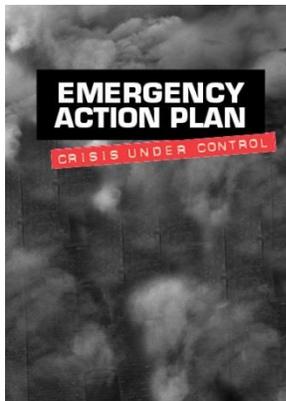
- Cell phone use
- Talking to passengers
- Reaching into laptop case
- Chatting, texting, tweeting
- GPS
- MP3 players
- Personal Grooming
- Eating and drinking



Emergency Response Driving (18 min.)

There are risks when you're at the wheel, but when you're driving an emergency vehicle -- with lights and sirens blaring -- the risks multiply! This program shows what it means to drive during emergencies and includes neat tips to help ensure that drivers reach their destinations - ON TIME, SMOOTHLY and SAFELY.

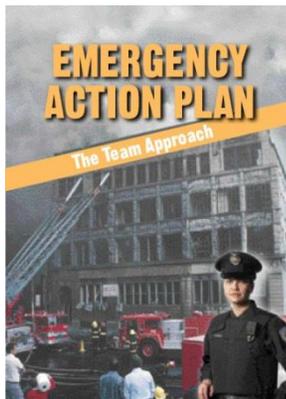
- Driving basics -- stop signs, red lights and school zones
- Speed limits, traffic flow and turn lanes
- Stopping, parking and standing
- Passing other vehicles
- Highway driving
- Police chases
- Accidents
- Planning ahead
- Communication
- Maintenance



Emergency Action Plan: Crisis under Control (16 min.)

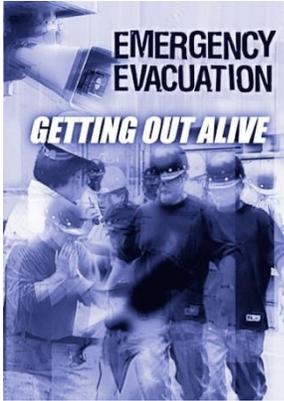
Disasters - natural or man-made - can occur anytime, and an Emergency Action Plan must always be at hand to help your employees respond to the situation. It is essential not only for OSHA compliance but also for survival and minimization of loss. Cook up a strategic emergency plan by following the guidelines in this program.

- Emergency alarm and evacuation
- Medical Services
- Cooperation with emergency services
- Employee training



Emergency Action Plan: The Team Approach (19 min.)

Emergencies can happen in the blink of an eye. A proper Emergency Action Plan (EAP) can help your employees respond effectively and efficiently. This program outlines what a plan should include, responsibilities of different parties, basic emergency plan procedures, the communication center and the importance of preparation and practice.



Emergency Evacuation: Getting Out Alive (15 min.)

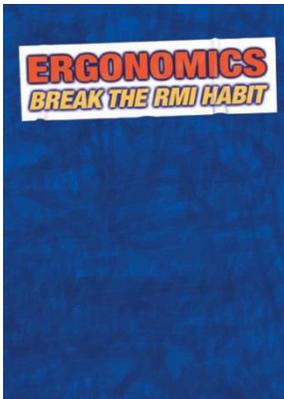
In an emergency situation, survival hinges on adequate training, preparation and an emergency action plan. This program explains several emergency situation responses, the importance of drills and the principles of RACE. Help prepare your employees to handle any disaster - natural or otherwise.

- How to respond in several emergency situations
- The importance of drills
- RACE.



Employee Involvement: The Key to Safety (18 min.)

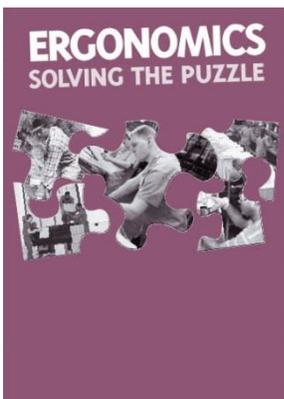
What really matters to your employees — their hobbies, friends, and family? And what do they need to best enjoy all of those things? Their health and a steady income. *Employee Involvement: The Key To Safety* encourages employees to participate in safety programs and outlines how they and their organization can benefit by getting involved. This program describes how employees can become involved, including performing good housekeeping practices, and properly conducting safety inspections and incident investigations. It also looks at effective ways employees can have their voices heard by communicating their safety concerns as individuals and as part of a safety committee.



Ergonomics: Break the RMI Habit (12 min.)

Change it up a bit at work. You do not want your employees' jobs to be tedious, and more importantly, you want to keep them fit and healthy. This program helps you comply with California OSHA Ergonomics Standard (Article 106, section 5110) through common-sense ergonomics procedures so that your employees can work safely.

- Introduction to Repetitive Motion Injuries (RMIs)
- How to reduce repetitions
- Good posture
- Reverse stretching

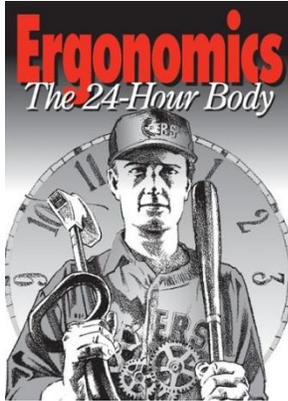


Ergonomics: Solving the Puzzle (17 min.)

A sound work environment means healthy employees and a more efficient workflow. This program explains how to integrate ergonomic principles into your workplace so that you can reduce injuries, workers' compensation costs and lost workdays.

It details:

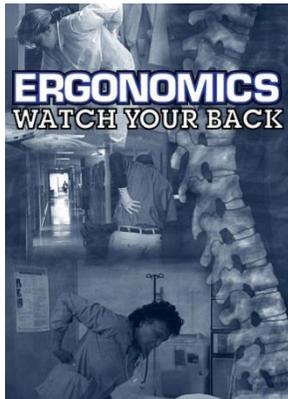
- Creating a successful ergonomics program
- Changing your workplace
- Reducing RMIs.



Ergonomics: The 24-hour Body (18 min.)

Since your employees "wear" their bodies 24 hours a day, they need to take care of them not only at work but also at home. Get the information on body safety with these ergonomic principles. With a more healthful workforce, you can potentially reduce lost workdays due to off-the-job injuries.

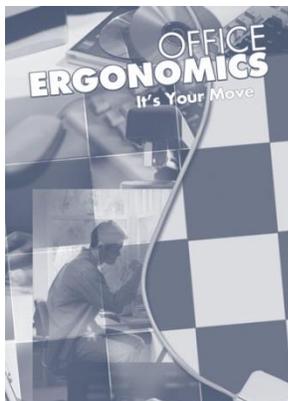
- Practical solutions to potential strains
- How staying in your "safety zone" protects your body
- Off-the-job safety procedures



Ergonomics: Watch your Back (15 min.)

Whether your staff is moving patients, test tubes, laundry or food, they need to protect their backs from undue stress. All healthcare workers have a high risk of developing musculoskeletal disorders (MSDs) or back injuries.

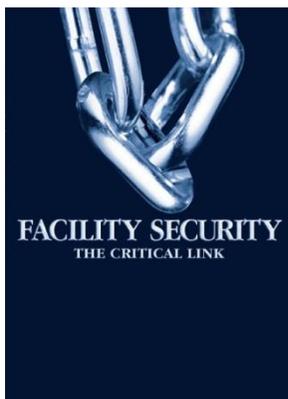
- General back safety
- Symptoms of back problems
- Recognizing the dangers
- Preventing MSDs
- Safe materials handling



Office Ergonomics: It's your Move (16 min.)

Musculoskeletal disorders (MSDs) can strike anyone...even people who work in offices. From pinched nerves and strained muscles to inflamed tendons and sore necks, these mild injuries occur when our bodies take a beating beyond its ability to recover. And their effects stretch beyond the physical. They can cause workflow reduction, efficiency disruption, absences and decline in productivity. This program examines:

- The signs and symptoms of MSDs
- Recognizing MSD risk factors
- Preventing MSDs
- Benefits of protecting yourself while you work

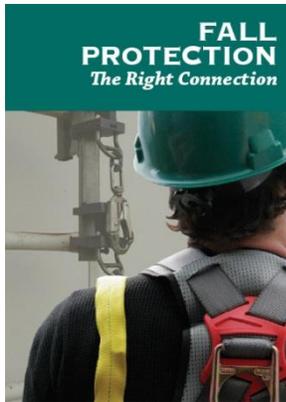


Facility Security: The Critical Link (17 min.)

In this post 9/11 era, we're painfully aware that a terrorist attack can strike in any form, anytime, anywhere, and you have to understand the possible threats to eliminate them. This program gives important points on facility security and emergency response. Moreover, it explains how human intelligence is the critical link to safety.

- Bombs, fire, fraud, chemical and biological weapons
- Security measures and ID checks
- Perimeter security and building access
- Recognizing suspicious activity
- Electronic security and cyber-terrorism
- HazMat safety/transportation

Note: Also see "Public Building Security."



Fall Protection: The Right Connection (13 min.)

In buildings and on scaffoldings, the dangers run high, and your safety standards have to tower above the risks. Heighten yours now with this highly valuable information on fall protection equipment, safety measures and fall emergency response.

- Guardrails
- Personal Fall Arrest Systems
- Positioning Devices
- Proper Use And Maintenance
- Rescue From Height

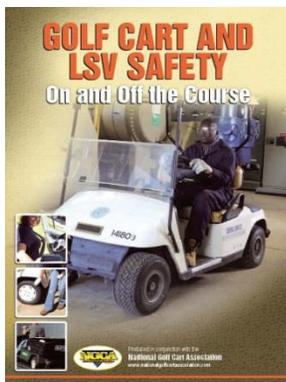


Fire Safety: Alert, Aware, Alive (16 min.)

The heat is off with this program. Show your employees potentially life-saving information on the different types of fires, how they can be prevented and what should be done in case of a fire.

- Elements a fire needs to burn
- Prevention
- Fire extinguishers

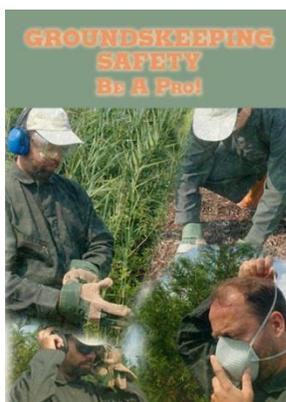
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Golf Cart & LSV Safety: On and Off the Course (17 min.)

Golf carts aren't just for the links anymore. Many counties are taking advantage of these and other low-speed vehicles (LSVs) for easy transportation. But, with the increase of usage comes an increase of incidents. In fact, thousands of golf cart incidents happen every year, many which are serious and sometimes even fatal.

Produced in conjunction with the National Golf Cart Association, this program shows drivers how to properly identify potential dangers and hazards associated with operating a golf cart or utility vehicle. It presents ten basic safety rules for golf cart operation and further suggests common sense operating tips.

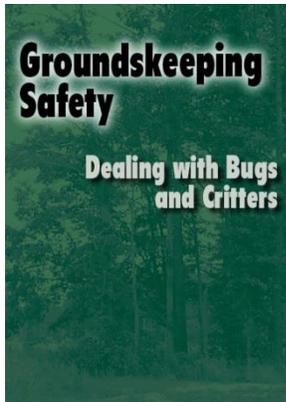


Groundskeeping Safety: Be a Pro! (17 min.)

As professional groundskeepers know, maintaining lawns, trees and shrubs requires potentially dangerous equipment and chemicals.

Prune and refine your safety measures with this program. It explains how one can avoid unnecessary accidents by thinking: safe or sorry? It also covers:

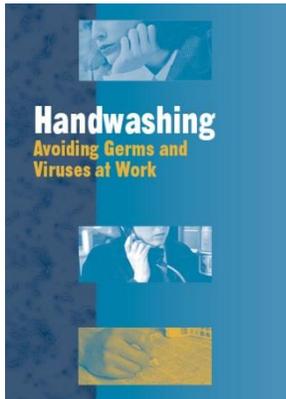
- General checklist for safety
- Tractors, riding mowers, push mowers
- Trim and brush-cutting equipment/blowers
- Checklist for hazardous materials.



**Groundskeeping Safety:
Dealing with Bugs & Critters (16 min.)**

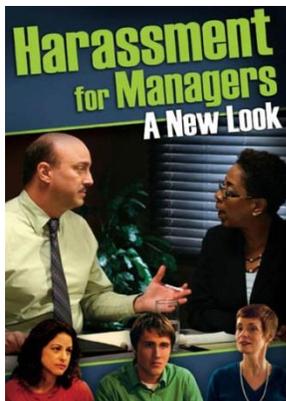
Insects may be small critters, but they can cause serious and even fatal consequences. This program, designed especially for public works, utility, government employees, grounds maintenance personnel or other outdoor workers, is essential for insect protection and general safety in a work environment.

- Preventing risks such as West Nile Virus
- Basic PPE
- Snakes, wasps, bees, fire ants
- First aid



Hand Washing: Avoiding Germs & Viruses at Work (7 min.)

Each year, millions of people get sick. Whether it's the common cold, the flu or something more serious, we miss a lot of work. This results in lost productivity that costs businesses billions of dollars each year. It doesn't matter whether you're a teacher, a carpenter, a line supervisor in a canning plant or the CEO of a Fortune 500 company. If you come to work when you are sick, you risk spreading those germs to everyone around you. That's why hand washing is so important. Hand washing is a very simple practice that can greatly reduce your chance of getting sick.



Harassment for Managers: A New Look (22 min.)

Recent harassment lawsuits show that employers and managers can increase their legal liability if they neglect a harassment complaint and fail to create and/or enforce anti-harassment policies. Managers must step up and take harassment seriously, but complicating the situation is the difficulty in figuring out what harassment actually is. Most of it is subtle and has taken recent forms which do not easily fit traditional understandings of the idea.

Harassment for Managers: A New Look is a vital training update and a reliable compliance guide, as it examines the recent forms of harassment and shows how supervisors can and should prevent, identify and respond effectively to such phenomena.

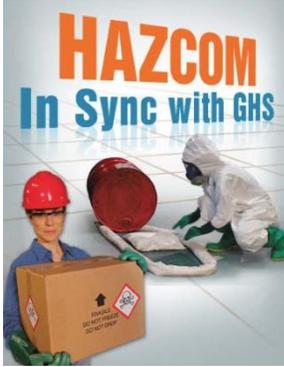


Harassment is... Government Version (20 min.)

In addition to sexual harassment, there are liability issues based on race, color, national origin, religion, gender, disability, age and others. It can manifest in jokes, negative stereotyping, hostile acts or simple thoughtless comments, but the ultimate outcome is the same: legal liability, profound emotional stress, lower employee morale and reduced productivity. Raise awareness and explain the dos and don'ts of creating a respectful work environment for everyone.

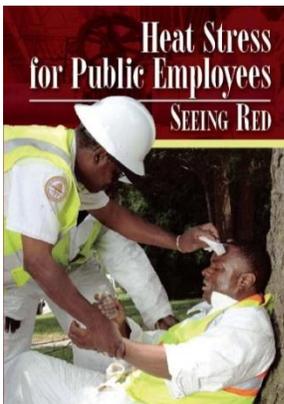
- Define & identify various types and forms of harassment
- Understand the negative impact of harassment
- Follow practical guidelines to prevent harassment
- Respond if they witness or become victims of harassment.

(Also see "A Clear Picture: Harassment in the Public Sector.")



HazCom: In Sync with GHS (15 min.)

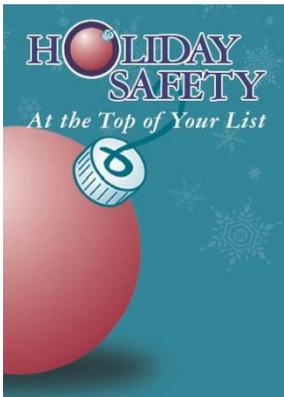
As you know, the chemicals that your employees work with everyday can cause a multitude of physical and health hazards including chemical burns, respiratory problems, and fires and explosions. The OSHA Hazard Communication standard has recently been enhanced with the Globally Harmonized System of Classification and Labeling of Chemicals (GHS). This new HazCom standard not only gives workers the right to know the chemicals and hazards they face, but the right to understand them and how to protect themselves from danger. *HazCom: In Sync with GHS* will help employees understand this new standardized process of communicating chemical hazards.



Heat Stress for Public Employees: Seeing Red (14 min.)

Heat stress, heat stroke, heat rashes, heat cramps – all are dangerous to your employees. This program will give them the knowledge they need to avoid the dangers of working in hot, humid conditions.

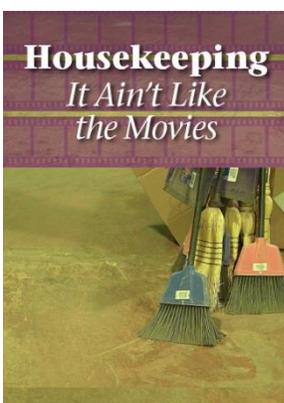
- Acclimatization
- Hydration
- Proper clothing
- Signs of heat fatigue



Holiday Safety: At the Top of Your List (17 min.)

During the holidays, it's easy to let your guard down as you enjoy the festivities. It may be the season to be jolly, but it can easily turn into the season of folly and dangerous accidents. This unique program shows you and your employees how to have and savor a safe holiday season.

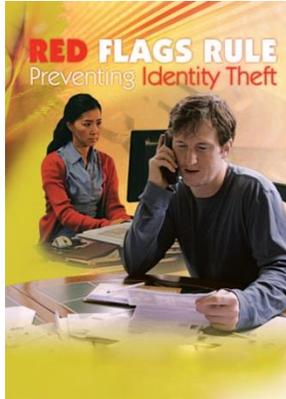
- Fire hazards
- Drinking and driving
- Food handling



Housekeeping: It Ain't Like the Movies (15 min.)

Poor housekeeping can be the cause of many on-the-job injuries and deaths and most of them could be prevented. This program reviews the importance of good housekeeping and what to look for in your facility.

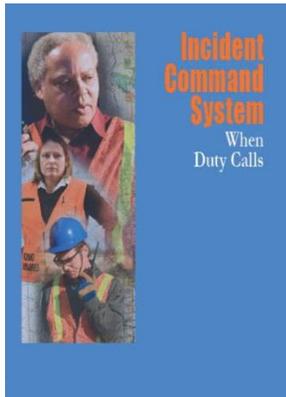
- Throw it away!
- Proper storage
- Eliminate spills and leaks



Identity Theft – The Red Flags Rule (17 min.)

Help your organization comply with the Red Flags Rule with this new program. This course covers the law's salient points and provides guidelines to meet its stringent requirements. Keep confidential information secure, safeguard your reputation and protect your bottom line with this powerful program!

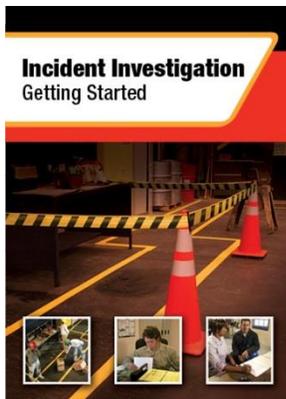
- Know the legal definitions of creditor, financial institutions, covered accounts and reasonable foreseeable risk
- Grasp the four steps to Red Flags Rule compliance
- Define and detect the five categories of red flags
- Know how to respond to red flags



Incident Command System: When Duty Calls (20 min.)

In today's climate of terrorism, industrial accidents and natural disasters, emergency responders often work together to handle crises, as mandated by the National Incident Management System (NIMS). This program helps ensure that emergency responders and those responsible for your facility know their roles, duties and responsibilities.

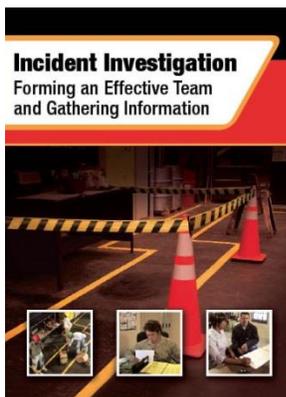
- Identifying an Incident Command System Command Structure
- Setting up incident site locations and facilities
- Communication rules
- Cooperation with law enforcement and fire department



Incident Investigation: Getting Started (18 min.)

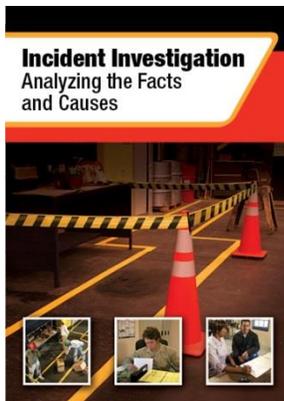
Help get a solid understanding of how to conduct a thorough incident investigation with the first in this four-part training series. You'll see the purpose and importance of the investigation and why it is imperative in helping to maintain a safer work environment. You'll hear about your role and responsibilities in investigating incidents and find out the eight steps in the incident investigation process.

Step 1 is a simple, but significant step. Swift response to the incident is vital - remember, people are your priority and taking care of them is number one.



Incident Investigation: Forming an Effective Team and Gathering Information (21 min.)

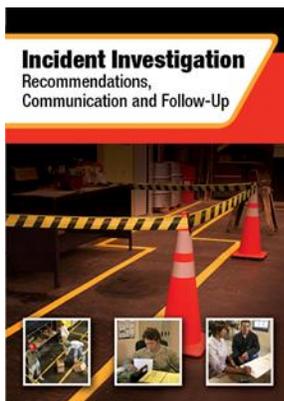
Putting together an effective team to gather information is a key step in the incident investigation process. Without the proper team in place, important details may get overlooked. This program covers how to put together an efficient investigative team made up of personnel qualified to examine every aspect of an incident. You'll also hear about conducting interviews using the right types of questions and gathering information that will form the foundation of your investigation.



Incident Investigation: Analyzing the Facts & Causes (18 min.)

Once you've interviewed witnesses and collected evidence, the data may seem overwhelming. What should you do with that data? How do you identify key factors?

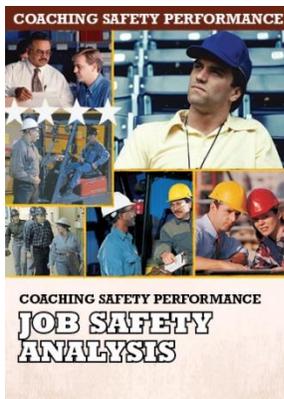
This program shows you how to conduct a root cause analysis to help identify the key factors that contribute to an incident. You'll also see how to follow a line of questioning that can lead you to the underlying causes of an incident to help you determine the systems that need to be strengthened.



Incident Investigation: Recommendations, Communications and Follow Up (16 min.)

The purpose of an incident investigation is to protect precious lives and take steps to prevent an incident from happening again. The final three steps are imperative to preventing any further incidents.

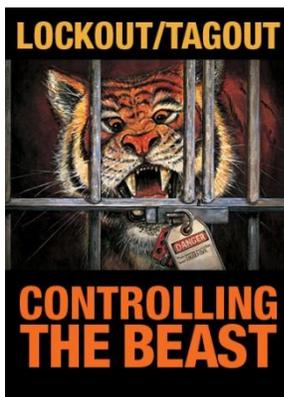
- Recommend corrective and preventive actions
- Document and communicate your findings. Clearly define what the expected results are and set priorities for each action, identifying which ones should be completed before operations resume.
- Follow up on your recommendations to be sure they were implemented and are effective. The goal of follow-up is to prevent a recurrence of the incident.



Job Safety Analysis: Proactive Planning (15 min.)

Job Safety Analysis (JSA) is a way of planning ahead, a way to spot problems before they become accidents. A JSA focuses only on those steps that create a hazard to the safety or health of personnel. This program is designed to help prepare a JSA. It covers:

- Preparing for the JSA
- Self-inspection
- Identifying job steps



Lockout/Tagout: Controlling the Beast (18 min.)

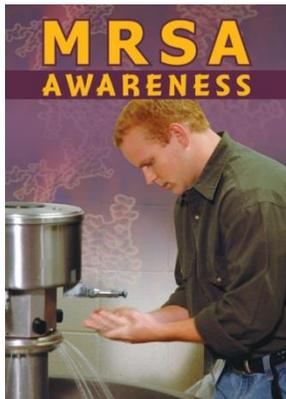
Energy is well and good, provided you keep it under control.

Supplement your company's lockout/tagout plan with this program. Get a good grounding on lockout/tagout procedures and hazardous energy sources and comply with OSHA 1910.140.



Lockout/Tagout: Make No Mistake (17 min.)

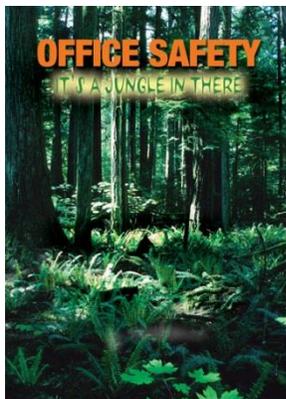
This program addresses OSHA's General Industry Standard for Lockout/Tagout. It will help your employees understand the seven steps of lockout/tagout, how to complete them and why they are important. It also covers the different forms of energy and how to recognize them, safe practices for controlling hazardous energy and limitations of using tagout only.



MRSA Awareness (11 min.)

There is widespread concern over the risk of exposure to the deadly MRSA infection. This staph infection is not confined to hospitals anymore and has become a new threat known as community-associated MRSA. Help your employees protect themselves and their families with the information on how exposure occurs and the best ways to protect themselves in this training program.

- What is MRSA
- How is it spread
- Symptoms of infection
- Preventing exposure

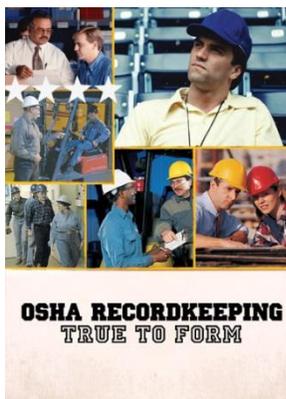


Office Safety: It's a Jungle in There (19 min.)

Every year, about six million people get hurt at work. And more than 400,000 are just like your employees...they work in offices fraught with hidden and tricky dangers. This program shows how to cope with the risks so that your workers can negotiate their way safely around the dangerous jungle that is the office.

- Preventing injuries at workstations
- Controlling dangers of fire, electricity and hazardous materials
- Formulating emergency plans

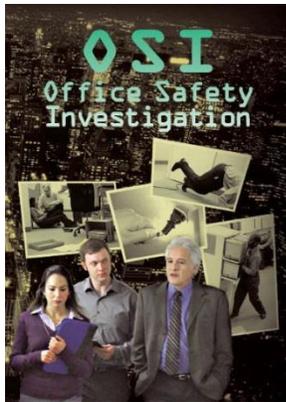
Note: Because this video was part of our former DVD lending library, we also have a corresponding training guide, presentation and booklet available for this program.



OSHA Recordkeeping: True to Form (31 min.)

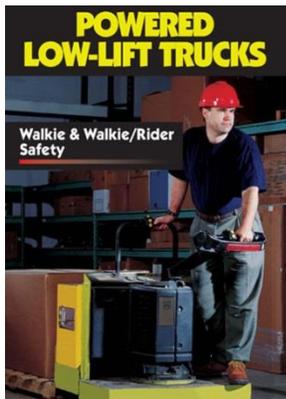
This program provides an important overview of OSHA recordkeeping requirements for safety directors and managers, safety committee members, human resources managers, or anyone responsible for safety and insurance paperwork.

- OSHA forms 300, 300-A and 301
- What is considered recordable?
- Counting days - when to begin and end counting
- Other recordable injuries - needlesticks, poisoning and tuberculosis
- Employee privacy issues
- Procedures and forms



OSI – Office Safety Investigation (16 min.)

According to the National Safety Council, more than 80,000 office workers were injured in a recent year. *In OSI: Office Safety Investigation*, your employees will follow Brandon, the newest member of the Office Safety Investigation (OSI) team as he learns about the four most common office hazards: falls, ergonomic injuries, being struck-by or striking objects, and electrical incidents. As he works with the rest of the OSI team, he will show your employees why it is important to steer clear of these dangers and share important prevention strategies.

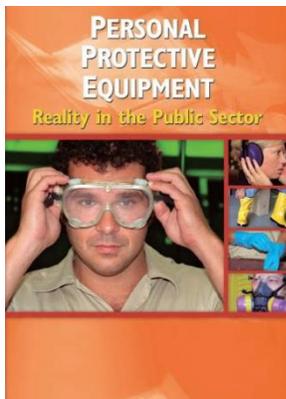


Powered Low-Lift Trucks:

Walkie & Walkie/Rider Safety (16 min.)

When OSHA issued its final rule (1910.178), powered low-lift trucks were included in the training requirements. This program goes over training for operators of trucks commonly called walkies and walkie/riders. They are transporters, pallet trucks and platform trucks. It covers:

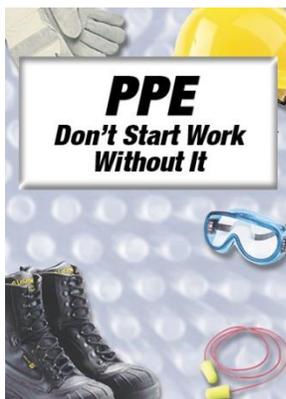
- Characteristics
- Load handling
- Pedestrian traffic
- PPE



PPE: Personal Protective Equipment – Reality in the Public Sector (19 min.)

All the time, every time, public sector employees must wear their PPE. They face a lot of risks and must be prepared. Otherwise, the results can only be tragic. Give them a first-hand look at the consequences of not wearing PPE, through a worker's recounting of his accident. This program also covers:

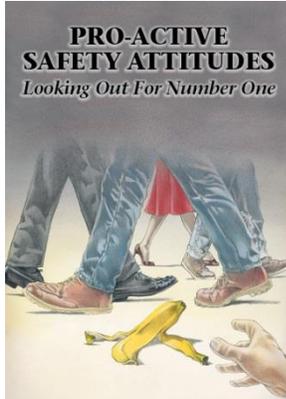
- Wearing the right PPE for the job
- The importance of PPE
- Employer's and employee's responsibility
- Care and maintenance
- Different types of PPE.



PPE: Don't Start Work without It (13 min.)

At work, every part of the body is vulnerable to accidents, and you have to make sure that your employees are well-protected. Depending on the job, their personal protective equipment (PPE) must be customized to cope with the risks. This comprehensive PPE program covers eye, face, hearing, head, hand and foot protection and other PPE rules.

Note: Because this video was part of our former DVD lending library, we also have a corresponding training guide, presentation and booklet available for this program.



Pro-Active Safety Attitudes: Looking Out for #1 (15 min.)

This unique program explains the 3-step-formula for an incident-free workplace: prevention, responsibility and protection - and features gripping interviews of workers who've met nasty accidents at work.

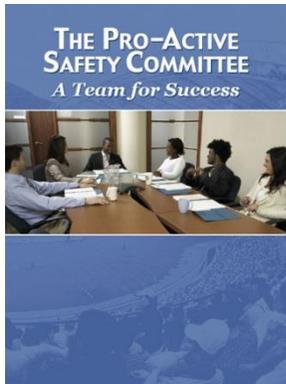
- Prevention
- Responsibility
- Protection
- How safety affects workers and their families
- Re-enactments of real-life accidents motivate workers to take precautions
- Interviews with actual workers



Pro-Active Safety Attitudes: Target Zero! (16 min.)

Reach for the highest safety standards and aim for zero accidents at work. Be inspired as the program explains the leader's role in a pro-active safety program. And who better to do this than someone who achieved what was said to be impossible: Buzz Aldrin. A zero-accident rate may be a giant leap, but as Aldrin says, it can be done, and it all begins with a small step: vision.

- Vision and initiative
- Creating expectations
- Accident prevention
- Building trust
- Maintaining leadership



The Pro-Active Safety Committee:

A Team for Success (14 min.)

"As an employee, I feel good about my company and do a better job if they give me a fair say in my own safety...", says an employee interviewed in this program. Use this to illustrate how to make safety committees work. This program covers:

- Setting up a safety committee - Organizational structure
- Feedback and evaluation

Note: Because this video was part of our former DVD lending library, we also have a corresponding training guide, presentation and booklet available for this program.

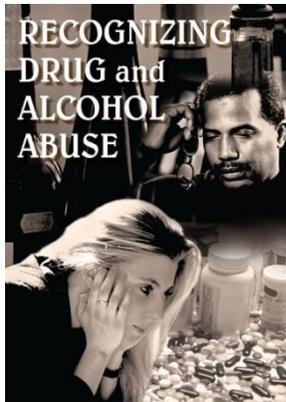


Public Building Security: It's Everyone's Concern (18 min.)

Buildings are not as safe and secure as they once were. They are vulnerable to more dangers, including terrorist attacks. Help build a solid foundation of safety with this program, which examines vital building security measures to ensure the safety of everyone.

- International and domestic terrorism vs. criminal activity vs. workplace violence
- Specific security measures
- Communicating important information

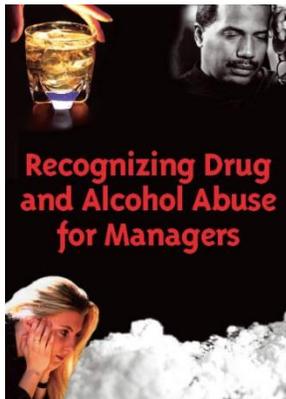
(Note: Also see "Facility Security.")



Recognizing Drug & Alcohol Abuse for Employees (19 min.)

Do you know an alcoholic or an illegal drug addict? Chances are good that you do – chances are good that you work with one, too. This program will help employees recognize alcoholism and drug abuse in the workplace and show them what to do about it when they do.

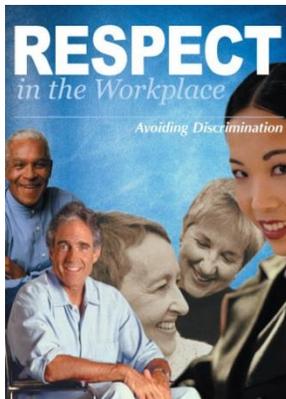
- Physical appearance
- Behavior and job performance
- Enabling and denial
- Drug testing



Recognizing Drug & Alcohol Abuse for Managers (20 min.)

Do you know an alcoholic or an illegal drug addict? Chances are good that you do – chances are good that you work with one, too. This important program will help supervisors and managers recognize alcoholism and drug abuse in the workplace and help reduce missed work days, increase productivity and protect worker health and safety.

- Physical appearance
- Behavior and job performance
- Enabling and denial
- Drug testing

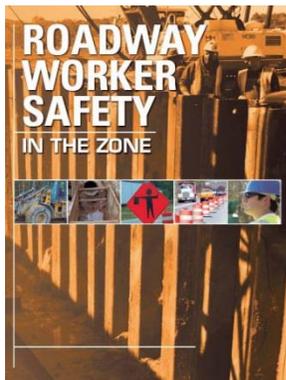


Respect in the Workplace: Avoiding Discrimination (24 min.)

To prevent discrimination, you have to understand the sinister psychology behind it. This program defines discrimination, outlines how its subtle and not-so-subtle forms can destroy relationships and explains how pre-judgment, mistaken assumptions and fear spread malice can lead to damaged camaraderie, lower production and high employee turnover.

- Disabilities
- Sexual orientation
- Stereotypes
- Racial discrimination

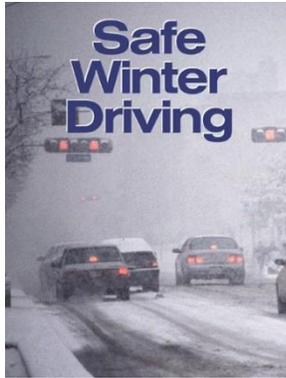
(Also see “A Clear Picture: Harassment in the Public Sector.”)



Roadway Worker Safety: In the Zone (24 min.)

Roadway work is full of potential hazards — from passing traffic and trenches to electrical wires and hearing loss. Help reduce injuries and fatalities with this vital training program.

- Roadwork hazards
- Flagging
- Night-work operations
- PPE
- Special training
- MSDS
- Traffic Control Pattern Awareness



Safe Winter Driving (16 min.)

Winter driving presents special driving hazards. This program reviews special safety techniques to help employees overcome winter driving hazards. Keep your workers safe on the road this winter.

- Basic emergency equipment
- Rain, snow and ice
- The skid
- Stopped and stranded

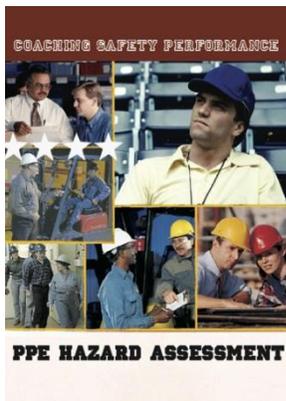


Safety Attitudes: Food for Thought (15 min.)

In this program, listen to the conversation at the Safety Diner between the owner and his customers. Give them the safety recipe and serve up a workplace where incidents are toasted before they happen.

This program's menu includes:

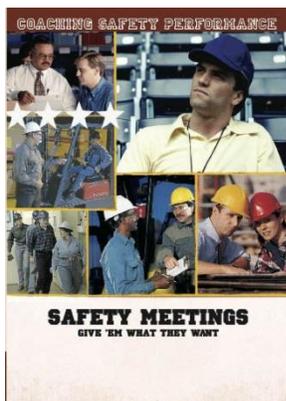
- Incident/hazard/accident identification
- Accident prevention
- Responsibility
- Protection



Safety First: PPE Hazard Assessment (11 min.)

Incidents on the job can cause traumatic injuries to workers, not to mention devastation to your county. Help strip the accident rate to zero with this special report, which helps you prevent potential hazards before they become tragedies! Help your organization comply now with OSHA 1910.132.

- Conducting a hazard assessment survey
- Guidelines for supplying PPE
- Four essential steps for compliance



Safety Meetings: Give 'Em What They Want (17 min.)

Supervisors, managers and team leaders will get tips on how to lead, plan and conduct effective safety meetings.

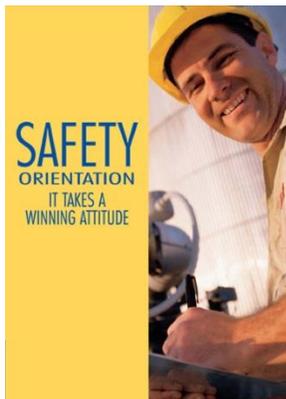
- Determine your needs
- Execute a plan
- Stick to the time given
- Keep it interesting
- Save time for questions
- Evaluate
- Try out new material



Safety Orientation: On Alert (25 min.)

Orient your employees to the potential hazards they'll face on the job. This training program provides an overview of fifteen topics to help them work safely. Learning objectives:

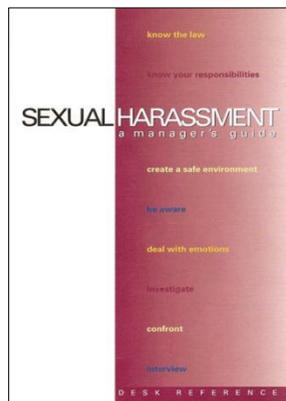
- Slips, trips and falls
- Hazard communication
- PPE
- Fire safety
- Back safety
- BBP
- Lockout/tagout
- Chemical handling
- Electrical safety
- Ergonomics
- Machine guarding
- DOT hazmat
- EAP
- Forklift safety



Safety Orientation: It Takes a Winning Attitude (18 min.)

Injuries can strike your workers anytime, anywhere. Safety is a complex and serious game against hazards, and there needs to be a complete strategy in order to win. This program uses a soccer theme to encourage workers to develop and maintain a winning safety attitude against the dangers they face daily.

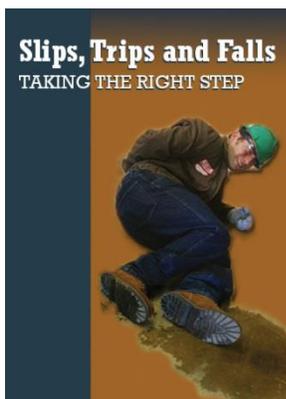
- Personal protective equipment
- Back injuries
- Slips, trips and falls
- Hazard communication
- Bloodborne pathogens
- Lockout/tagout
- Fire safety



Sexual Harassment: A Manager's Guide (20 min.)

Help safeguard your organization from the potential legal mess of sexual harassment. This program revolves around Supreme Court rulings, training managers on the prevention and resolution of sexual harassment claims. Ultimately, it guides managers through the investigative process, including the interviews with the complainant, alleged harasser and the witnesses. It also encourages an open talk on potential problems, a discussion that can eliminate sexual harassment in your workplace.

- Recognize early signs of sexual harassment
- Prevent and resolve sexual harassment
- Investigate claims and suspicions

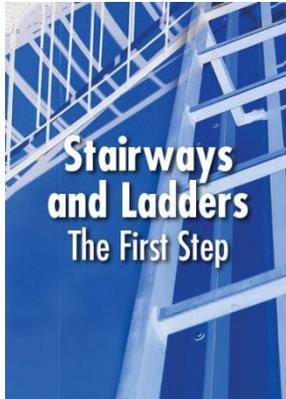


Slips, Trips & Falls: Taking the Right Steps (16 min.)

One safety slip, and your employees will be on the slippery road to accidents. Smooth out the risks with help from this high-impact training program that advocates solid safety measures: awareness, good housekeeping and proper equipment use. The program covers:

- Prevention techniques
- Wet surfaces and poor weather conditions
- Stairs and ladders
- Housekeeping

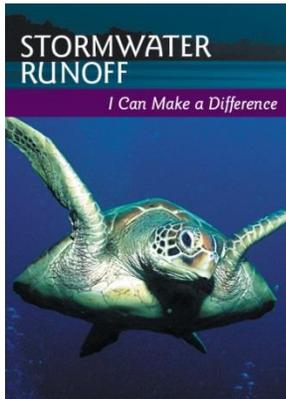
Note: Because this video was part of our former DVD lending library, we also have a corresponding training guide, presentation and booklet available for this program.



Stairways and Ladders: The First Step (23 min.)

Stairways and ladders may not appear to be as dangerous as scaffoldings, yet every year, over 34,000 workplace accidents involve stairways or ladders. This program will help your employee understand why stairway and ladder accidents occur and what they can do to prevent them.

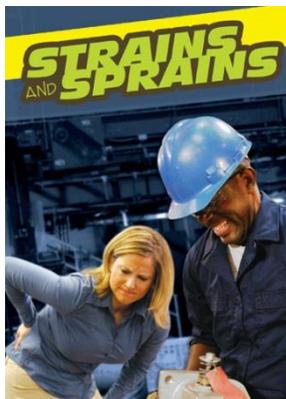
- Identifying stairway hazards
- Preventing stairway hazards
- Ladder selection
- Climbing fixed ladders
- Proper ladder use
- Real-Life Situation



Stormwater Runoff: I Can Make a Difference (15 min.)

Oil, grease, harmful bacteria, pesticides and fertilizers are just a few of the contaminants found in stormwater runoff. This program describes these and other devastating effects of stormwater runoff, and shows how the government and private industry can work together to clean it up - before the problems set in.

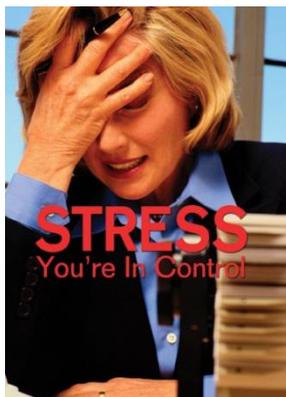
- Causes of stormwater runoff
- Clean Water Act of 1987
- Solutions/preventing stormwater runoff
- Best Management Practices (BMPs)
- Landscaping



Strains and Sprains: Avoiding the Pain (16 min.)

Sprains and strains may not be considered serious workplace injuries, but they absolutely cause lost time, reduce wages and disrupt employee health and productivity. Help reduce the risk of these injuries occurring in your workplace with this high-impact training program. Show your employees how strains and sprains occur, how to recognize their warning signs and how to minimize them with proper posture, exercises and other simple adjustments.

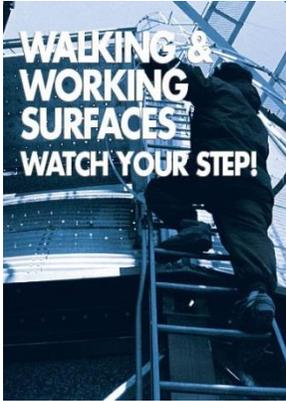
- Good body mechanics
- Guidelines for safe lifting & carrying
- Footwear that will help avoid slips, trips and falls
- Proper PPE
- Using the right tools for the job



Stress: You're in Control (24 min.)

Stress affects how we approach and accomplish our jobs and how we interact with co-workers. We can't eliminate stress, but we can learn to manage it. In fact, in moderation, it can be a source of motivation. Teach employees to identify the root causes, including our thought patterns. Alert them to the five warnings of excessive stress and share stress control techniques through this updated program.

- How to complete a stress inventory and analysis
- Physical signs of stress
- How to take what action you can now
- How to control the way you think
- How to change the way you operate



Walking and Working Surfaces: Watch your Step (18 min.)

Walking and working on surfaces can be a rough experience, as slips, trips and falls can occur anytime. But through this important program, you can polish your safety standards on various walking and working surfaces. This program also helps you comply with OSHA's proposed 1910 Subpart I and covers ramps, scaffolds and platforms.

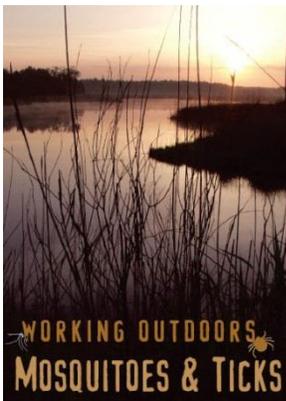


Winter Safety (14 min.)

Either on the job or during recreational time, winter poses special dangers. Heat up some safety measures now against winter-related accidents.

- Signs and treatment of hypothermia
- Signs and treatment of frostbite
- Prevention of hypothermia
- Prevention of frostbite
- Off-the-job winter safety

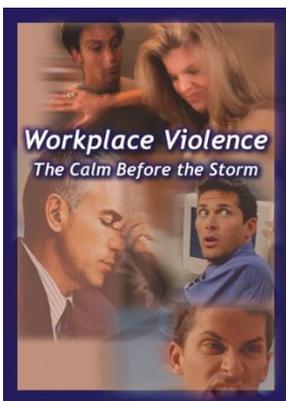
(Also see "Safe Winter Driving.")



Working Outdoors: Mosquitoes & Ticks (14 min.)

Before your employees go outdoors, help protect them from mosquito and tick bites that can cause Lyme Disease, Encephalitis and West Nile Virus. Buzz outdoor workers with proven methods for avoiding the dangerous bites and detecting early warning signs of these potentially debilitating diseases. The program also outlines:

- Basic PPE
- Where mosquitoes breed
- How to prevent tick bites
- Early signs of infection.

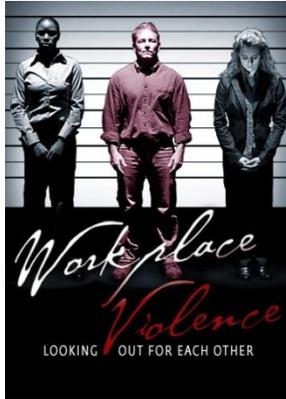


Workplace Violence: The Calm before the Storm (25 min.)

In one year alone, workplace violence accounted for one out of five work-related deaths in the U.S. This program is designed to help supervisors and employees identify the warning signs of workplace violence and prevent it.

- Characteristics of a potentially violent employee
- Violence Prevention Program
- Stress management and conflict resolution
- Threat-management teams

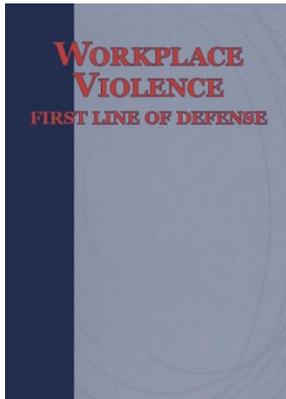
Note: Because this video was part of our former DVD lending library, we also have a corresponding training guide, presentation and booklet available for this program.



Workplace Violence: Looking Out for Each Other (15 min.)

Alert employees to the less newsworthy but equally damaging forms of workplace violence, such as threats, intimidation, harassment, bullying, and domestic abuse. This program covers:

- Preventing violence by “looking out for each other”
- Identifying the sources and causes of workplace violence
- Understanding the impact of violence on morale and productivity
- Spotting warning signs, including the types of threats
- Defusing potentially violent situations through “compromise, collaboration and avoidance”
- Reporting potentially violent incidents before they escalate



Workplace Violence: First Line of Defense (30 min.)

As the second leading cause of workplace death, violence represents a challenge to employers, who must be prepared to respond and manage these incidents. This program uses an interview with a convicted perpetrator as well as a compelling dramatization to communicate the impact of this problem.

- Consistency of the perpetrator profile
- Clear behavioral warning signs
- Concrete steps to manage incidents and prevent violence

Terms and Conditions

These short videos (average length 15-20 minutes) are the perfect tool to anchor your next staff or safety committee meeting or to use in conjunction with a training session.

NOTE:

- Access to all videos is FREE to members of one or both of the NCACC risk management pools.
- NCACC Risk Control regularly features specific streaming videos, but all listed videos may be requested by a member at any time.
- Access is through a link and passcode which is supplied via email. You may use that link and passcode at any time of your own choosing.
- Our intention is that you view these videos in a group setting using a computer or laptop and projector. However:
 - You may preview a video prior to scheduling group showings
 - Risk managers, safety officers and others whose position includes primary safety responsibility for their county or entity may also access videos to further their own risk control education.
 - With prior approval of Risk Control staff, a limited number of individual accesses may be allowed for those employees whose schedules will not permit attendance at a group showing.
- There are more than 350 training videos available through our vendor, **CoastalFlix™**, a division of DuPont Sustainable Solutions. You may access the full program list at their website, www.coastalflix.com. If you identify an unlisted video you would like to access through NCACC, check with the Video Librarian or Risk Control Manager Bob Carruth (919.719.1150 or bob.carruth@ncacc.org) to determine whether access can be granted.
- We have identified 85 **CoastalFlix™** videos to be used as tools to help us reach our goal of reducing the frequency or lessening the severity of our members' claims. If you find a video on the **CoastalFlix™** website that cannot be offered through the NCACC program, you may set up your own account and order directly from the vendor.

Regular announcements of featured videos are emailed to our "Member Safety Contacts" distribution list. If you would like to receive these emails but are not currently on the distribution list, please contact Resources Librarian Kathy DeMay at 919.719.1117 (leave a voicemail if necessary) or email RMP@ncacc.org.

Written materials (handouts, sample policies, forms, etc.) are available for many of the topics covered in these videos. When these are available, the Resources Librarian will include that information in the email relaying the video link and passcode. Also, a number of videos were previously part of NCACC Risk Control's DVD lending library. Those videos have accompanying training guides and presentations available, as noted in their descriptions.

Please contact your Risk Control Specialist for additional advice and/or assistance with your training.

Western Region: Craig Sappenfield – 919.719.1151 or craig.sappenfield@ncacc.org

Responsible for: Alexander, Alleghany, Ashe, Avery, Buncombe, Burke, Cabarrus, Caldwell, Catawba, Cherokee, Clay, Cleveland, Davie, Gaston, Graham, Haywood, Henderson, Iredell, Jackson, Lincoln, Macon, Madison, McDowell, Mecklenburg, Mitchell, Polk, Rowan, Rutherford, Stanly, Surry, Swain, Transylvania, Union, Watauga, Wilkes, Yadkin and Yancey

Central Region: Stuart Darden – 919.719.1152 or stuart.darden@ncacc.org

Responsible for: Alamance, Anson, Bladen, Caswell, Chatham, Columbus, Cumberland, Davidson, Duplin, Durham, Forsyth, Franklin, Granville, Guilford, Harnett, Hoke, Johnston, Lee, Montgomery, Moore, Orange, Person, Randolph, Richmond, Robeson, Rockingham, Sampson, Scotland, Stokes, Vance, Wake, Warren, and Wayne

Eastern Region: Gerald Honeyblue – 919.719.1153 or gerald.honeyblue@ncacc.org

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NCACC Risk Management Pools

Covering the Counties that Cover our State

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