

# ACA and County Public Health

John H. Morrow, MD, MPH  
Pitt County Health Director  
NCACC

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# U.S. Health Crisis

- Compared with 16 other comparable nations we have the worst life expectancy. The gap is increasing.
- US Spends nearly twice as much as other nations. 19.6% of our GDP by 2021.

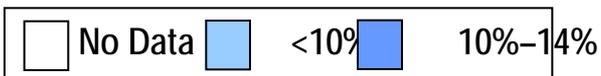
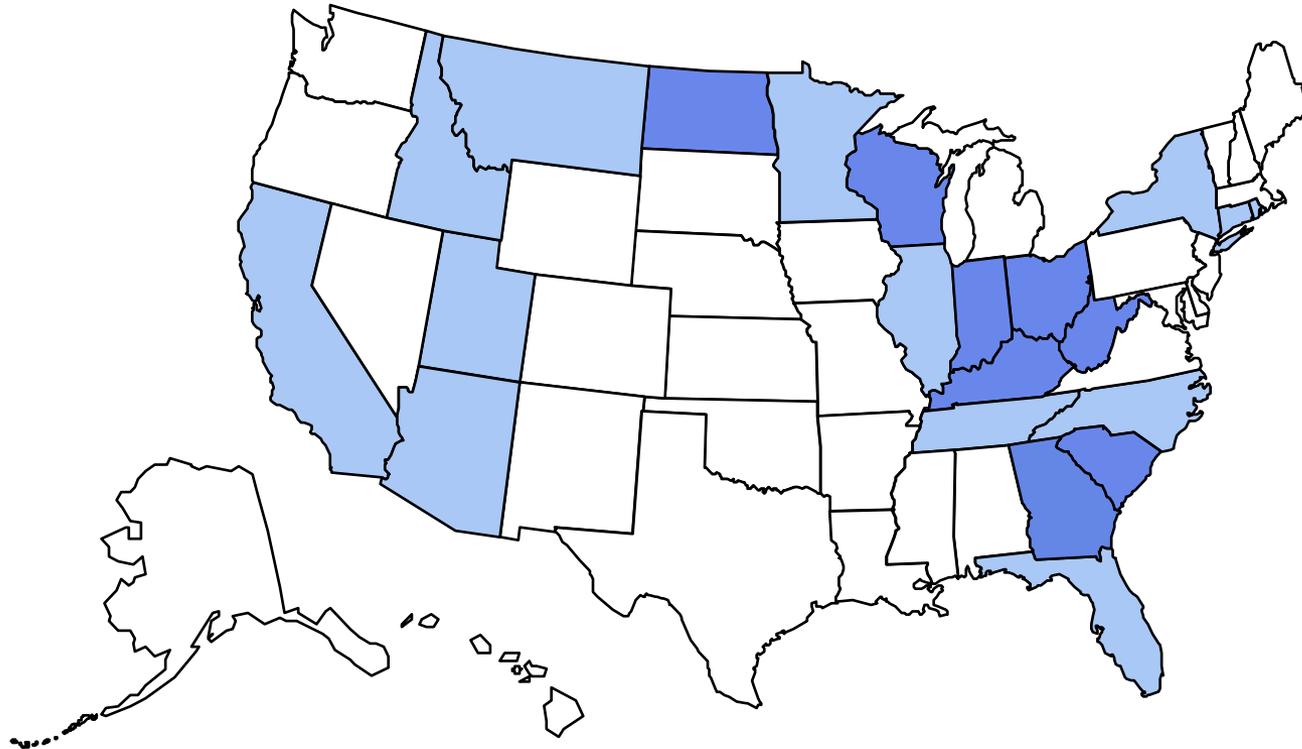
# North Carolina Crisis

- Based on overall health status, NC currently ranks 33rd out of 50 U.S. States.
- Some NC counties have third world health status.

# Obesity Trends\* Among U.S. Adults

## BRFSS, 1985

(\*BMI  $\geq 30$ , or  $\sim 30$  lbs. overweight for 5' 4" person)



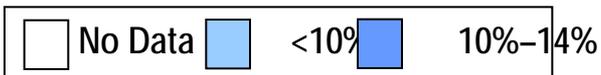
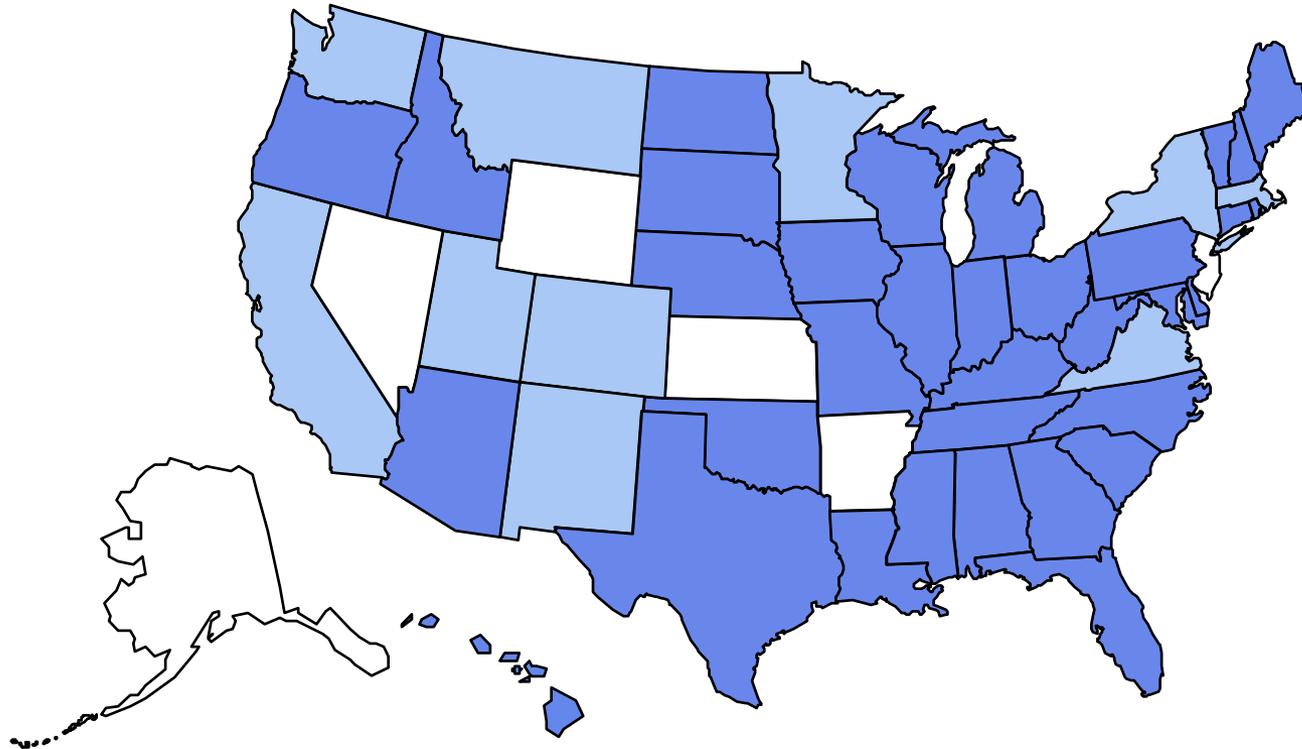
Source: Behavioral Risk Factor Surveillance System, CDC.



# Obesity Trends\* Among U.S. Adults

## BRFSS, 1990

(\*BMI  $\geq 30$ , or  $\sim 30$  lbs. overweight for 5' 4" person)



Source: Behavioral Risk Factor Surveillance System, CDC.



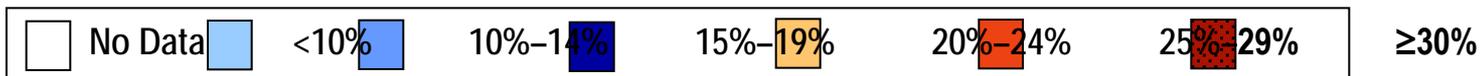
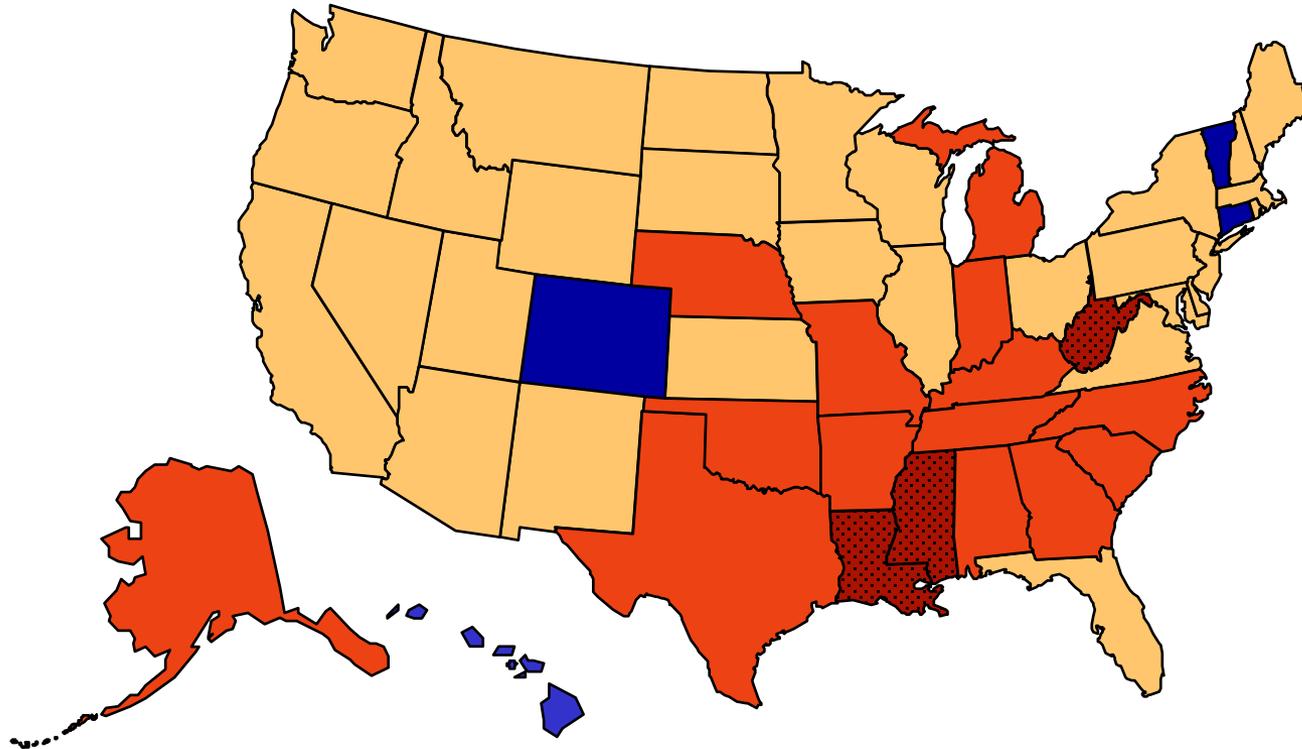




# Obesity Trends\* Among U.S. Adults

## BRFSS, 2005

(\*BMI  $\geq 30$ , or  $\sim 30$  lbs. overweight for 5' 4" person)



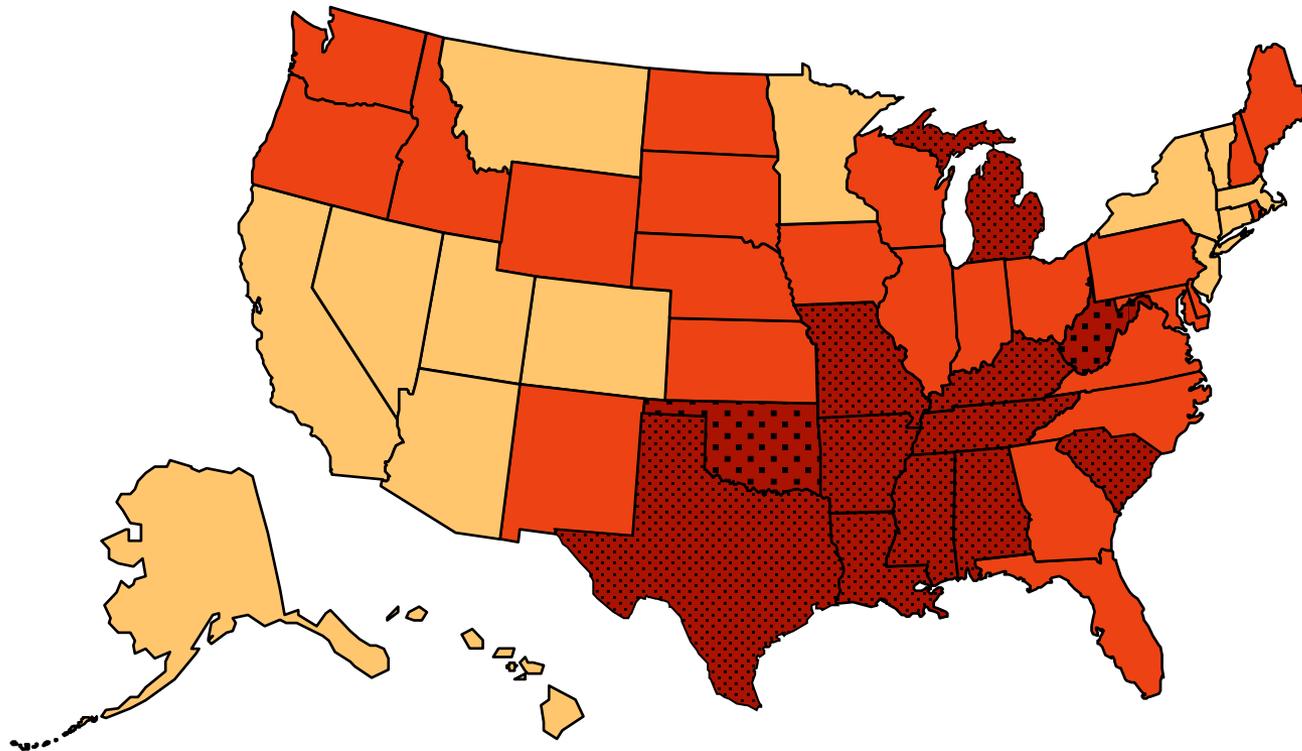
Source: Behavioral Risk Factor Surveillance System, CDC.



# Obesity Trends\* Among U.S. Adults

## BRFSS, 2010

(\*BMI  $\geq 30$ , or  $\sim 30$  lbs. overweight for 5' 4" person)



Source: Behavioral Risk Factor Surveillance System, CDC.

# Crisis not just Health

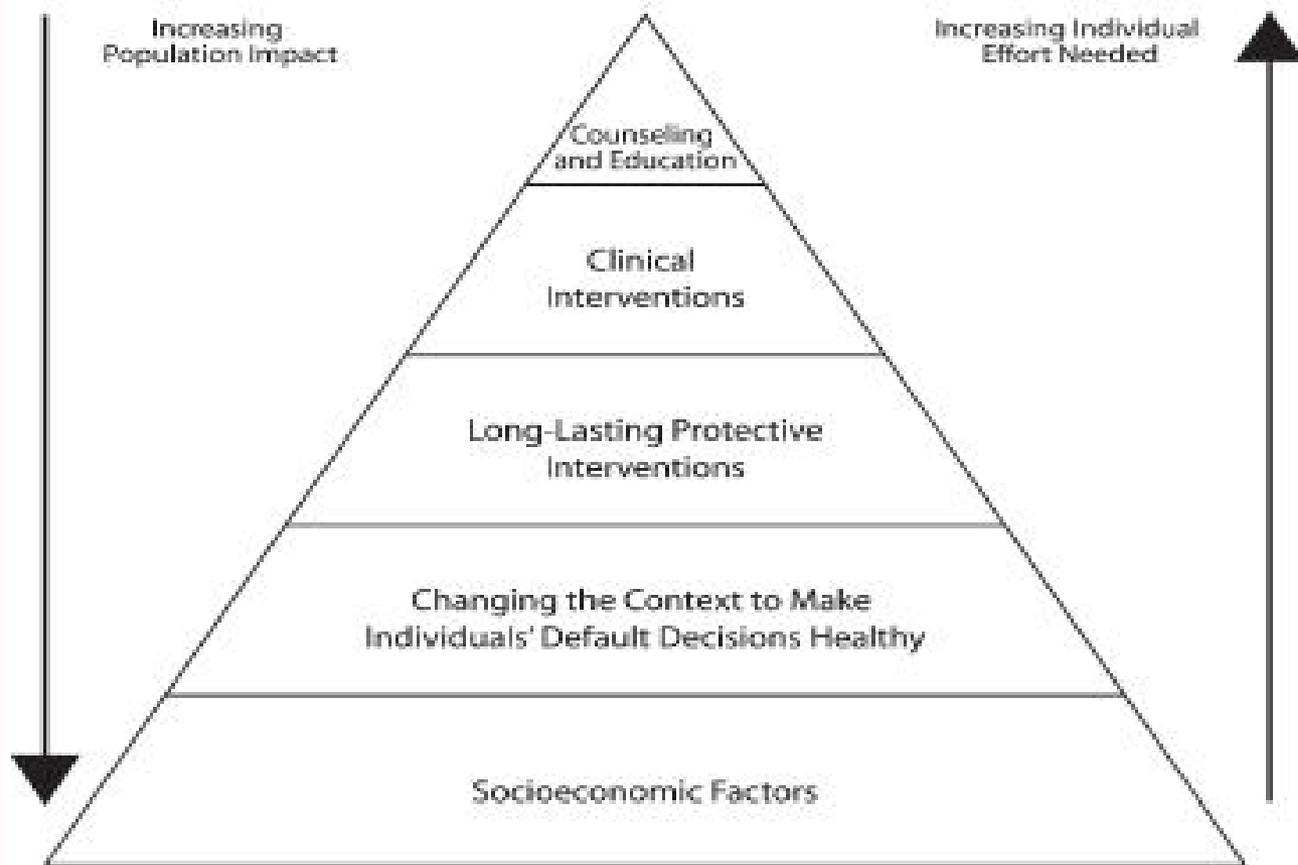
- Jobs
- Economy
- National Security

# Triple Aim

- Improved quality
- Improved value
- Improved population health

# Population Health Determinants

- Healthcare accounts for only 10-15%.
- Other factors include health behaviors, education and socioeconomic status.



**FIGURE 1—The health impact pyramid.**

# Affordable Care Act

- Requires non-profit hospitals to conduct a Community Health Needs Assessment every 3 years.

# CMMS Innovations

- Accountable Care Organizations (ACO)
- Other payment and care models.

# Prevention and Public Health Fund

## ● Community Transformation Grants

# Websites

- [CDC.gov](https://www.cdc.gov)
- [Americasranking.org](https://www.americasranking.org)
- [Countyhealthrankings.org](https://www.countyhealthrankings.org)
- [Schs.nc.us](https://www.schs.nc.us)